

Refrigerator Assessment



BLACK GIRLS EAT

Empty your fridge and write down what you find.

Be sure to indicate the quantity and check expiration dates!



FRUITS

VEGETABLES

DAIRY

MEATS/ SEAFOOD

Refrigerator Assessment



BLACK GIRLS EAT

Empty your fridge and write down what you find.

Be sure to indicate the quantity and check expiration dates!

LEFT OVERS

BEVERAGES

SAUCES/DIPS/ MARINADES

DESSERTS/ CANDIES

