

### Refrigerator Assessment

# BLACK GIRLS FAT

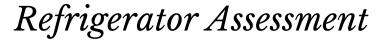
Empty your fridge and write down what you find. Be sure to indicate the quantity and check expiration dates!

#### **FRUITS**

#### **VEGETABLES**

#### **DAIRY**

#### MEATS/ SEAFOOD





## BLACK GIKLS EAT

Empty your fridge and write down what you find. Be sure to indicate the quantity and check expiration dates!

**LEFT OVERS** 

**BEVERAGES** 

SAUCES/DIPS/ MARINADES

DESSERTS/
CANDIES

